

# One Step At A Time With GNLD!



*"I know that the GNLD products have helped me stay active—even at 87!"*

Thirty years ago, 57-year old June Smelser was preparing to go for a walk—an 800 mile walk—when a friend recommended some nutritional supplements to help make the three-month expedition a little easier. So with Formula IV®, All-C, Neo-Cal, and Super Ease® protein powder in tow, June began her journey along the Pacific Crest Trail from Mexico to Oregon—and she never looked back.

Impressed with the products along the way, June returned home and immediately became a GNLD Distributor and avid product user. Her choice of products has evolved over the years, and today—at age 87—June takes Sports 30, Cal-Mag®, Salmon Oil Plus™, and the GR<sup>2</sup> Control® protein shakes. “I’m my own best customer,” she quips. “I certainly don’t need to lose weight, but I drink the GR<sup>2</sup> protein shakes every day because they just taste good!”

Is this 87-year old grandmother still going for walks? You bet! For the past seven years, June and her team have participated in the Portland to Coast Walking Relay, a 128-mile relay race. June walked two six-mile legs at the most recent event and was the oldest walker in the race! ■

